

Cheer

Offense

XYZ

Words

Motions



Cheer

Either

Better Than Before

Words	Motions
Hey	High V.
we're	Clap.
back	Low V.
and better	Right hand on hip, left hand in front.
than	Low V.
before	High V, Clasp.
The Eagles, we're here to soar	Spread Eagle.
Hey Eagles	Low V.
its our turn	T.
to put them to	Broken T.
the test	High V.
We'll dominate	Bounce Right, left hand on hips, right hand in front.
We'll devastate	Bounce left, right hand on hips, left hand in front.
We'll show	Right Dagger.
them whose	Left Dagger.
the best	High V.
The Eagles	Low V
can't be stopped	Left Dagger.
We'll rise to the top!	High V Option – build pyramid with the last 3 lines.

Cheer

Either

Eagle Spirit

Words	Motions
GO	Cross Straight Arms (Right over Left), in a Low V, Right foot Steps to Side.
GO	Left Hand on Hip, Right Arm in Broken Diagonal
Eagle Spirit	Left Arm on Hip, Right Arm Extends to Right High V. Clasp & Pause
Go, Go	Clasp 2x at Chest
Let's Hear It	With Hands Clasped Together, Extend Arms Up
Pause	Swing Arms Across Chest & Move into a Spread Eagle Jump, Land in Crouched Position, with Hands on Sides of Knees
Eagles!	Step Back with Left foot into a Right Lunge, with Arms in High V.

Cheer

Either

Floor Cheer

Words	Motions
Allen	Low V. Left knee on ground. Right knee bent up.
Eagles	Circle arms in with arms ending above head right fist in front. Left hand holding right.
Pause.	Low V.
the Red	Clap hands over head. Stand up feet apart.
Blue and	Head down. Hands on knees. Knees bent. Feet together.
White	Right arm towards audience making team hand signal (eagle's wings). Feet apart.
The best of the best	High V prep to toe touch.
Al-	Head down. Arms hanging in front with hands clasped.
right!	High V. Feet apart.

Cheer

Either

H-E-L-L-O

Words	Motions
H-E-L-L-O	Clap while running in place.
That's the way we say Hello.	Clap while running in place.
<u>Cheerleader's Name</u>	Right Liberty. High V.
H-E-L-L-O	Turn left. Clap while running in place.
That's the way we say Hello.	Clap while running in place.
Pause.	Hold.

Repeat for each cheerleader continuing to turn to the left after each cheerleader presents themselves.

Cheer

Either

Let's Hear It

Words	Motions
Eagle fans let's hear it!	Hand on left hip and point right hand to crowd, right foot back.
Two-thousand and seven is our year	Choice of jump.
Stand up and shout it	Slap hand on side and step out High V.
Let's hear you cheer	Clap, Clap.
Yell, go Eagles go (help us out)	Left hand on hip, right hand toss in front.
Go Eagles go (X)	Left hand on hip, right hand toss in front.
Go Eagles Go!	Left hand on hip, right hand toss in front.

Cheer

Either

Our Team is On Top

Words	Motions
Allen	High V. Feet apart.
Pause.	Clap.
Eagles	Low V.
Pause	Clap.
Our Team	T.
is	Daggers. Arms and elbows close to body.
on Top	Touchdown.
Pause	Clap.
2000	Arms behind head. Elbows out to the side.
7	Lean forward. Hands touch back of hips. Elbows out to the side.
Pause.	Stand up. Clap.
We	Step forward with right foot. Bend right knee. Left foot behind with heel off ground. Left hand on hip. Right touchdown.
can't be	Hold feet position. Right dagger. Right Arm and elbow close to body. Left hand on hip.
stopped.	Hold feet position. Left hand on hip. Right touchdown.
Pause.	Clap.
We	Hold feet position. Left hand on hip. Right touchdown.
can't be	Hold feet position. Right dagger. Right Arm and elbow close to body. Left hand on hip.
stopped.	Hold feet position. Left hand on hip. Right touchdown.
Pause.	Jump feet together. Slap arms to side of legs.

Cheer

Either

Red White and Blue

Words	Motions
Red	Arms in T. Legs jump apart.
White	Arms roll behind body and clasp.
and Blue	Clap on Blue.
Pause.	Clap.
the best	Arms in High V to prepare for toe touch Jump together on best.
Pause.	Prep for jump.
that's right	Toe touch and land.
Pause.	Stand up.
We're headed	Arms clasped overhead. Right foot steps forward, bent
for	Arms break behind head, still clasped. Left foot comes up to meet right foot. Both legs bent.
a vic-	Arms in Low V. Legs jump apart.
-tory	Clap.
Eagles	Arms in T.
Pause.	Clap.

Cheer

Either

Rock You Down

Words	Motions
We	Stomp right foot to the side twice.
Will	Clap.
We	Stomp right foot to the side twice.
Will	Clap.
Rock	Broken T. Palms down.
you	Pulse hands lower.
down!	Pulse hands lower.
Shake	Shake hands at chest level.
you	Shake hands higher.
up!	Shake hands higher.
Like a volcano will erupt!	Hands clasp together moving up and out ending in High V.
Might, Might Eagles are here to stay!	Broken T. Point at self with thumbs and pulse.
We're gonna rock you all the way!	Shake hips starting to the right. Hands and arms in running motion.
Go Eagles!	Circle arms from left to right in front of body.
Go Eagles!	Circle arms from right to left in front of body.
Go Eagles!	Circle arms from left to right in front of body.
Pause.	Stand Clean.
Eagles!	High V.

Cheer

Either

Simply The Best

Words	Motions
Eagles	Spread Eagle.
simply are	Low V.
the best	Clap.
we are	High V, Clap, Nod.
the Eagles	(back handspring or turn)
here to beat	Swing around high V, right hand on left knee.
the rest stand up and join the crowd	Clap, Clap, Clap, Clap.
lets spell it out!	High V, back Right Leg.
EA-	Clap.
GL-	Clap.
ES	Clap.
Eagles!!!!!!	High V.

Cheer

Either

Stunt Cheer

Words	Motions
Come on	High V. Legs apart.
Pause.	Circle hands down.
crowd	Hands at side in fists. Jump legs together.
Yell Blue &	Cross wrists in front of body in X position right over left. Bend knees, legs together.
White	T. Jump legs apart.
Allen Eagles	Clasp, Clasp.
Let's win	Right touchdown. Left hand on hip. Bend knees, legs apart.
tonight	Stand clean.
Blue & White	Walk to stunt position.
Win tonight	Load stunt.
Eagles!	Hit stunt.

Cheer

Either

Take it to the Limit

Words	Motions
SPI	
Pause.	Clap, Clap, Clap.
RIT	
Pause.	Clap, Clap, Clap.
S-	Clap.
P-	Clap.
I-	Clap.
R-	Clap.
I-	Clap.
T	Clap.
Spirits	Low V, bounce right knee.
what we've got	Clap bounce left knee.
and we will take	High V bounce right knee.
it to,	Clap.
the	Clap.
L-	Clap.
I-	Clap.
M-	Clap.
I-	
T	
Yes we will take it to, the limit	Choice of jump.
Our defense has the power	Right hand in front and left hand on hip.
Our offense has the speed	Left hand in front and right hand on hip.
Our crowd has got the spirit,	Point to the crowd.
To help us take the lead	Choice of jump.
Gooo Eagles!	High V.

Cheer

Either

Too Hot

Words	Motions
We're too	Low V. Step out with right foot. Pivot to back.
hot	Right touchdown. Left hand on hip.
to handle.	Pause.
There's abso-	Clasp. Step out right foot. Pivot front.
lutely no	Clasp. Continuing pivot front.
doubt	Arms over head. Cross wrists in X left over right. Lunge left.
The Eagle's	Keep wrists crossed and bring to chest. Right Hitch.
team is really mean We're gonna knock	Low V. Legs apart.
Pause.	Slap sides of legs twice.
you	Point to audience with right finger. Left hand on hip. Bend knees.
out	Circle right arm backwards ending with right finger pointing at audience. Right knee on ground. Left knee bent up.
Yea, were gonna knock	Pause.
Pause.	Slap side of legs twice.
you	Left hand on right shoulder. Look behind right shoulder. Right hand at side.
out	Point to audience with right finger. Face front.

Cheer

Either

Watch Out, We're Back!

Words	Motions
Watch out! We're back!	Spread eagle.
And headed	Left hand on hip. Right hand High V.
for success	High V.
The red	Low V.
blue,	T.
and	Clap.
white	High V.
Pause.	Clap.
Better than	Low V.
the rest.	High V.
Step back (opponent),	Push face of right hand out, and step left leg back.
We are the best.	Choice of jump or building.

Cheer

Either

We're Here to Win!

Words	Motions
Allen	High V.
Pause.	Left hand behind head with elbow out. Right down across.
Eagles	Broken T.
Pause.	High V.
We're here	Left hand behind head with elbow out. Point right finger at audience. Step back with right foot.
Pause.	Step left foot back to meet right. Left and Right hands behind head with elbows out.
to win!	Tuck. Head down. Hands on knees.
Pause.	Jump up with feet apart. Stand Clean (hands at side).
Think	Left arm Low V. Right hand on hip. Head tilted on left shoulder. Knees bent.
you can	Right arm Low V. Left hand on hip. Head tilted on right shoulder. Knees bent.
beat us?	Jump together. Clasp.
Pause.	High V into herkie (or jump of choice).
Think again!	Knees bent. Head down. Hands on knees.
Eagles!	High V.

Cheer

Offense

Roll That Ball

Words	Motions
Roll	Arms make wave motion to right. Roll hips to right.
that ball	Clasp.
on down the	Left hand on hip. Right T with pointed finger.
field!	Clasp.
Yea!	Hold.
Roll	Arms make wave motion to right. Roll hips to right.
that ball	Clasp.
on down the	Left hand on hip. Right T with pointed finger.
field	Clasp.
and score	Touchdown.
Pause.	Clasp.
six more!	T.
Pause.	Clasp.
and score	Touchdown.
Pause.	Clasp.
six more!	T.

Cheer

Offense

Where There

Words	Motions
Where?	Arms in W at waist.
Pause.	Clap.
There.	Point to your goal line. Opposite hand on hip.
Pause.	Clap.
Where?	Arms in W at waist.
Pause.	Clap.
There.	Point to your goal line. Opposite hand on hip.
Pause.	Clap.
Where, where, where, where	Arms in W at waist. 3 step turn towards goal line.
We want a touchdown over	Arms in W at waist. 3 step turn away from goal line.
There!	Arms straight. Point to goal line.
Sock it, sock it, sock it	Arms in W at waist. 3 step turn towards goal line.
to them!	Arms straight. Point to opponent's goal line.
We want a touchdown over	Arms in W at waist. 3 step turn towards goal line.
There!	Arms straight. Point to goal line.

Cheer

Defense

DEF Defense

Words	Motions
D	Left arm straight at side. Hands in fists. Right arm in T.
E	Right arm straight at side. Hands in fists. Left arm in T.
F	Left arm stays in T. Right arm in T.
de-	Arms in Broken T.
-fense	Arms T.
de-	Arms in Broken T.
-fense	Arms T.
defense	Clap.
get	Clap.
Tough!	Right arm Liberty. Right foot Liberty.

Cheer

Either

Cheering for More

Words	Motions
Eagles	High V.
fans	Clasp Hands low in front of body.
get	Broken T.
on	Low V.
your feet	High V.
and show	Right Lunge. Right Hand on hip. Left Hand across body pointing at right kneel with hand in fist.
your Eagle	Right Lunge. Low V.
spirit!	Legs apart. Right Hand on hip. Left Hand high touchdown.
Pause.	Jump together. Slap hands on legs.
Come on.	On left knee. Right knee up. Hands in touchdown.
crowd	Hands behind Head. Elbows up at a diagonal.
Pause.	Low V.
get Loud!	High V.
stand up	Stand up. Slap hands on legs.
and	Clasp Hands.
cheer it!	Legs apart. Right hand on hip. Left touchdown.
Pause.	Clasp Hands.
Eagles!	Lounge Right. Right hand across stomach. Left High V.

Cheer

Either

Hey We're #1

Words	Motions
Hey	High V.
We're Number	From High V cross arms in front and begin to circle them up. Spread Eagle jump.
One	Slap Hands at side.
Just	Arms in front of body. Arms bent. Right arm on top of left. Bend knees.
Wait	Fan right arm up ending in T. Fan left arm down ending in T. Jump feet out shoulder length apart.
Pause	Bend arms behind head. Hands in fists.
and see	Left hand on hip. Right hand in High V. Bend knees.
Pause	Slap legs. Stand straight.
Red	Right arm High V. Left hand dagger. Step back on right foot.
Blue	Right hand dagger. Left arm Low V. Step left foot back to right foot.
and White	Right arm High V. Left hand on Hip. Jump feet out shoulder length apart.
Pause	Clap.
an Eagle's	Left hand on head. Right hand on stomach. Bend knees.
Victor	Right arm High V. Left hand on Hip. Bend knees.
y	Clap. Jump feet together.
Eagles!	High V.

Cheer

Either

We'll Knock You Off Your Feet

Words	Motions
Yell	Right arm in high V. Left arm low across body. Stand strait feet apart.
For	Right diagonal. Stand strait feet apart.
The (Team Name)	Move left arm up to high V. Stand strait feet apart.
Pause	Clap. Stand strait feet apart.
We	Daggers. Stand strait feet apart.
Can't Be	Swing arms down, a little past your hips, and back up. Stand strait feet apart.
Beat	Continue to swing up to punch out. Stand strait feet apart.
Pause	Clap. Stand strait feet apart.
So Watch Out	Right diagonal. Stand strait feet apart.
Pause	Clap. Stand strait feet apart.
(Team Name)	Left Diagonal. Stand strait feet apart.
Pause	Clap. Stand strait feet apart.
We'll Knock	Kneel down on your right knee. Right arm on hip. Left punch out.
You Off	Right arm on hip. Bring left arm down to daggers.
Your Feet!	Drop down to your seat. Left arm in high V. Right arm on hip.

Hit It!

Words	Motions
Hit It!	Hands by side.
Pause	Clasp Hands. Bent Knees.
Ready!	High V. Legs Apart.
Pause	Slap hands to legs.
Let's	Cross arms over chest. Hands in blades.
Do It!	T Motion. Hands in buckets.
Pause	Clasp Hands.
Come on	Clasp Hands above Head.
Team	Bend arms behind head with hands still clasped.
Let's Fight!	Low V.
Pause	Clasp Hands.
We	Right arm Low V. Left hand on right elbow.
Are	Left arm T. Hand in Bucket. Right hand on chest. Hand in blades.
The Best!	High V.
The Red	Broken T.
Blue	Cross arms downward at wrists.
And White!	High V.

1, 2, 3, 4, 5 (Advanced)

Words	Motions
1	Walking forward, with the right foot first, in a "step, dig" pattern. Brushing right hand backwards down the side of the thigh & clap on the dig
2-3-4-5	Walking forward, in a "step, dig" pattern. Brushing the left hand backwards down the side of the thigh & clap on 5.
We're the Eagles	Repeating the "step- dig" pattern with the right foot.
& We say, Hi! / & We take no jive (2 nd verse)	Repeating the "step- dig" pattern with the left foot.
Say 6	Brushing right hand backwards down the side of the thigh & clap on the dig.
7-8-9-10	Brushing the left hand backwards down the side of the thigh & clap on the dig
Back it up and do it again!	Walk backwards 4 steps: right, left, right, left, pushing hands straight out from the chest in a "stop" 4 x, saying,.
Repeat with second verse.	

Deep in the Middle

Words	Motions
Deep	Stomp Right foot.
in the	Clap.
middle	Stomp Right foot.
of the	Clap.
Tex	Stomp Right foot.
as	Clap.
jun	Stomp Right foot.
gle	Clap.
you	Stomp Right foot.
can	Clap.
hear	Stomp Right foot.
the	Clap.
Ea	Stomp Right foot.
gles	Clap.
rum	Stomp Right foot.
ble.	Clap.
Rumble mighty Eagles	Roll fists around each other in front of stomach, leaning forward.
you can do it	Point Right index finger with arm straight to the front. Left fist on Left hip.
all you gotta do is	Both hands to the sides, as if to say, "I don't know."
put your mind to it	Point Left index finger to the head. Right fist on Right hip.
Go!	Stomp the Left foot. Clap, Clap, Clap.
Fight!	Stomp the Left foot. Clap, Clap, Clap.
Win!	Stomp the Left foot. Clap, Clap, Clap.
Go!	Right broken T. Left fist on hip.
Fight!	Right broken Touchdown. Left fist on hip.
Win!	Right Touchdown. Left fist on hip.

Cheer

Either

All My Life

Words	Motions
All my life I want to be a cheerleader!	Run. Arms alternate between Low V and clap.
Work,	Step to Right. Right High V.
Work	Left High V
Sweat,	Step to Right. Right arm move across forehead, as if to wipe off brow.
Sweat	Left arm move across forehead, as if to wipe off brow.
All my life I want to be a football player	Run. Arms alternate between Low V and clap.
Ready	Jump with legs open in 2 nd . Knees bent. Hands on knees.
Set	Right hand on ground between legs. Left hand on Left knee.
Hut, Hut, Hut!	Stay in same position as above. Jump forward 3x.

Repeat twice. Second time, girls should jump backwards on Hut, Hut, Hut!

Cheer

Either

1, 2, 3, 4, 5

Words	Motions
1, 2, 3, 4, 5	March forward, L, R, L, together clapping four times.
My name is _____	Point thumbs to self with arms in dagger position.
And I say Hi!	Left fist on hip. Wave with right arm.
6, 7, 8, 9, 10	March back L, R, L, together clapping four times.
Back it up	Stand with fist on hips.
And meet my friend!	Left hand on hip. Right arm teapot points to friend. Down on right knee. Stay in place until everyone is finished.

Repeat for each cheerleader. Last cheerleader says meet my team instead of meet my friend and right hand on hip, left arm teapot points to friend. Down on left knee.

All Together	
Words	Motions
1, 2, 3, 4, 5	March forward, L, R, L, together clapping four times.
We're the (Team Name)	Point thumbs to self with arms in dagger position.
And We say Hi!	Left fist on hip. Wave with right arm.
6, 7, 8, 9, 10	March back L, R, L, together clapping four times.
Back it up	Stand with fist on hips.
And watch us win!	Stand with fist on hips. And watch us win! High V. Down on right knee.

Cheer

Either

When I Say Blue

Words	Motions
When I say Blue	Point to self.
You Say White	Point to crowd.
Blue	Point to self.
White	Point to crowd.
Blue	Point to self.
White.	Point to crowd.
When I say Eagles.	Point to self.
You say Fight.	Point to crowd.
Eagles	Point to self.
Fight	Point to crowd.
Eagles	Point to self.
Fight	Point to crowd.
Win Tonight	High V.
Eagles Fight!	High V.

Use poms

Cheer

Either

Couldn't Be Prouder

Words	Motions
We are the (Team Name) Couldn't be prouder If you can't hear us We'll yell a little louder.	Squat. Whisper.
We are the (Team Name) Couldn't be prouder If you can't hear us We'll yell a little louder.	Hand on knees. Loud whisper.
We are the (Team Name) Couldn't be prouder If you can't hear us We'll yell a little louder.	Hands on hips. Normal voice.
We are the (Team Name) Couldn't be prouder If you can't hear us We'll yell a little louder.	Hands on hips. Yell loud!

Cheer

Either

Dominate & Devastate

Words	Motions
Dom	Low V. Right knee pop.
inate	Clap. Left knee pop.
and Deva	Low V. Right knee pop.
state	Clap. Left knee pop.
We'll blow	Low V. Right knee pop.
you	Clap. Left knee pop.
away	Low V. Right knee pop.
(blow)	Right teapot. Blow onto hand.
(Team Name)	Left knee pop. Low V. Clap. Right knee pop.
are number	Low V. Left knee pop.
One	Right hand touchdown pointing in air. Left hand on hip.
We	Low V.
are here	Clap.
to stay.	Right hand touchdown. Left hand on hip.

Cheer

Either

Dynamite

Words	Motions
Our	Right lunge.
Team	Clap.
Is	Left lunge.
Dy	Clap.
Namite	Right lunge.
Pause	Clap.
Our team	Left lunge.
Is	Clap.
Out of	Right lunge.
Sight	Clap.
Our team is	Hands on hips.
Tick, tick, tick, tick	Point right toe in front of you. Touch right toe in clockwise circle, front to back.
BOOM	Right Lunge.
Dynamite	Step Right foot in to Left.
B-B-B-BOOM	Step Right foot to side with each B. End in Right lunge on Boom.
Dynamite	Step Right foot in to Left.

Cheer

Either

Fight Eagles Fight

Words	Motions
(Team Name)	High V.
Pause	Clap.
Hold	Broken T.
Tight	Place your right arm over your left arm flat in front of your chest.
Pause	Clap
Red	Low V.
And	Daggers.
White	High V.
Pause	Clap.
Get	Step out to a left lunge Left arm on hip, right across body.
That	Stand up straight feet apart. Broken right diagonal.
Ball	Open up to a right diagonal.
Fight	Right arm in low V. Left arm on hip.
(Team Name)	Switch it to the right arm in low V. Left on hip.
Fight	High V.

Cheer

Either

Eagles are Ready

Words	Motions
The	Pause.
Eagles	Slap legs two times.
Are	Clap two times.
Rea-	Right snap in front.
Dy	Left snap in front.
(pause)	Clap.
The	Pause.
Eagles	Slap legs two times.
Are Cool	Clap two times.
Oh	Right snap in front.
Ya	Left snap in front.
(pause)	Clap.
The	Pause.
Eagles	Slap legs two times.
Gonna Take	Clap two times.
Con	Right snap in front.
Trol	Left snap in front.
(pause)	Clap.
And Run	Slap legs two times.
Right Over	Clap two times.
You	Both hands point front.

Cheer

Either

Eagles Win Tonight

Words	Motions
Eagles	Clap.
Lets Go	Right bent diagonal, left on hip.
That's Right	Right diagonal, left on hip.
Eagles	Clap.
Let's Fight	Left bent diagonal, right on hip.
All Right	Left diagonal, right on hip.
Eagles	Clap.
Let's Win	Daggers.
Tonight	Touchdown.
Go	Right arm punches high, left on hip.
Fight	Right arm punches high, left on hip.
Win	Right arm punches high, left on hip.
Tonight	High V.

Cheer

Either

S-P-I-R-I-T Crowd Cheer

Cheerleader	Crowd
S-P (Clap, Clap)	S-P (Point at crowd)
I-R (Clap, Clap)	I-R (Point at crowd)
I-T (Clap, Clap)	I-T (Point at crowd)
Got spirit? (Clap, Clap)	Uh-huh. (Point at crowd)
Let's hear it. (Clap, Clap)	OK. (Point at crowd)

Cheer

Either

Split the V (Advanced)

Words	Motions
Split that V	Feet together. Lunge Right, arms in a clasp, between legs.
Pause	Clap, Clap, Clap Stand together.
Dot that I	Right knee at a 90degree angle. Right elbow to knee.
Pause	Clap, Clap, Clap Stand together.
Curl that C	Hands on hips, rolling hips in a right reverse circle
Pause	Clap, Clap, Clap Stand together.
T-O	Left arm in broken T, with hands in blades, right arm in a T, pulsing them backwards 2x
R	Switch arms to the other side.
Y	High V.
T-O	Left arm in broken T, with hands in blades, right arm in a T, pulsing them backwards 2x
R	Switch arms to the other side.
Y	High V.
Victory!	Hands in fists, swinging in low half C. Left arm broken T. Right arm T.
Victory!	Hands in fists, swinging in low half C. Right arm broken T. Left arm T.
Goooooo	Hands in fists, rolling them around each other, bending forward at the waist.
Eagles!	Jump together, with right arm in a high TD, left fist on left waist.

Stand Up It's Time To Shout

Words

Motions

Words	Motions
Stand	Bend your knees just a little for a tiny dip. Arms in daggers.
Up It's	Hop out so your feet are apart. Arms shoot out to high V.
Time	Low V.
To	Bend your arms to a broken low V.
Shout	Bring them out again to a low V.
Come	From low V cross arms in front and begin to circle them up.
On	Continue to circle arms up and over your head.
Crowd	Circle them back all the way around to a low V again.
Yell It	Clap.
Out	Clap.
Go	Right arm punch strait up. Left arm on hip.
Fight	Bring right arm to dagger. Keeping left on hip.
Win	Shoot right arm to a punch again.
Pause	Clap.
Go	Again right arm punches up. Left arm on hip.
Fight	Bring right arm down to dagger.
Win	Punch right arm up again.
Again	Clap.
Go	Again right arm punches up. Left arm on hip.
Fight	Bring right arm down to dagger.
Win	Punch right arm up again.

Cheer

Either

Super Duper

Words	Motions
S-U-P-E-R	Walk forward 4 steps R, L, R, together.
Super	High V.
Duper	Daggers.
That's what we are	Walk back 4 steps R, L, R, together.
G-R-E-A-T	Clap.
Super	T motion.
Great	Broken T.
That's what we'll be	High V.
Go (Team Name)	Right side kick.

Tigers You're Through

Words	Motions
Tigers	Arms in T motion. Stand strait, feet apart.
You're	Bring arms strait down and clap. Stand strait, feet apart.
Through	Right arm punch up. Left hand on hip. Stand strait, feet apart.
Pause	Clap. Stand strait, feet apart.
We're Coming	Daggers. Stand strait, feet apart.
After	Punch up to touchdown. Stand strait, feet apart.
You	Bring right arm to your hip. Left arm comes to front punch. Stand strait, feet apart.
Pause	Clap. Stand strait, feet apart.
You've Met	Keep your hands clasped and shoot them out in front of your body. Stand strait, feet apart.
The Best	Keep your arms strait and shoot out to a high V. Stand strait, feet apart.
From East	Lower right arm to T. Look to the right. Bring left hand to hip. Stand strait, feet apart.
To West	Switch it to right arm on hip. Left arm in T and head turned to left. Stand strait, feet apart.
Tigers	Clasp. Feet hop together.
You're	Dip low keeping head up, arms straight down at your shins.
Through!	Pop out so that feet are apart. Arms in high V.

Cheer

Either

We are the Best

Words	Motions
We	Low V. Stand straight, feet apart.
Are The	Clap. Stand straight, feet apart.
Best	High V. Stand straight, feet apart.
Pause	Clap. Stand straight, feet apart.
Better	Broken T. Stand straight, feet apart.
Than The	Punch down and cross hands in front of you body. Stand straight, feet apart.
Rest	Right arm in high V. Left arm on hip. Stand straight, feet apart.
Pause	Clap. Stand straight, feet apart.
Score	Touchdown motion. Stand straight, feet apart.
Pause	Daggers. Stand straight, feet apart.
Six More	Touchdown motion again.
Pause	Clap. Stand straight, feet apart.
(Team Name)	Hands on hips. Stand straight, feet apart.
Are The	Hands on hips. Step back in a front lunge, right leg bent.
Best!	Stay in lunge and hit a high V.

Cheer

Either

Win Tonight

Words	Motions
Fire	Hop your feet together and dip a little. Arms in daggers.
Up	Stand up tall, keeping feet together. Arms shoot up to touchdown.
To Go	Step out with your right foot to a left lunge. Arms in a T.
It's Time Short Pause	Step over to your left foot, lift right to a liberty hitch. Left arm across to your right knee. Right arm on hip.
To Fight Short Pause	Hop out feet apart. Arms move to high V.
Let's.	Arms move to daggers.
Go	Left L.
(Team Name)	Lower right arm to a T. Pause Clap.
Red	Broken T.
Blue	Punch broken T down to cross low in front of your body.
and White!	Right arm in high V. Left arm on hip.